



M I D W E S T

2315 W. 57th Street • Sioux Falls, SD 57108  
(605) 275-1228 • (888) 335-3503  
Fax (605) 275-2056

## SUBLINGUAL DROP THERAPY DIRECTIONS

### **DIRECTIONS:**

Sublingual drops are placed under the tongue and held for **one minute** and then **swallowed**. For pollens & inhalants: take **two** drops a.m. / **one** drop p.m. For foods: take three drops three times a day 2 or 3 minutes before meals.

One vial lasts approximately 6 weeks for pollens and inhalants and 2-3 weeks for foods.

If you use tobacco products, your allergy management will not be as successful as a non-tobacco user. Therefore, every effort should be made to give up this habit, ideally before treatment starts. Even if you are a non-smoker, tobacco smoke in the home or office will affect treatment.

### **RE-ORDERS:**

Please allow one week for re-orders. We will make every effort to make drops up in a timely fashion to assure no lapse in treatment. If you have any questions about testing or treatment, please call and talk to one of our allergy nurses at **(605) 275-1228**.